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Introduced in September 2022, the Apple Watch Series 8 is the latest iteration of the Apple Watch, originally released in 2015 and replacing the previous generation Apple Watch Series 7. The design of the Apple Watch Series 8 is no different from its predecessors - generation model with the same features and functionality. The 41mm and 45mm sizes are still available, and the cases feature the same rounded edges, thin bezel display, sapphire crystal, and digital crown with tactile feedback. There's an always-on display that allows users to see the watch face and additional features at all times, and the Series 8 has a shatterproof windshield, IP6X dust resistance, and a WR50 water resistance rating. Apple Pay purchases are available with credit and debit cards inside the Wallet app and have the same faster charging speed with the upgraded charging puck as the Series 7. There's an S8 chip inside, but it's essentially identical to the S6 chip, two years ago with no speed improvement. Heart rate monitoring, blood oxygen detection, ECG reading, sleep monitoring, fall detection and loud noise monitoring, in addition, Apple has added several new features this year. The built-in temperature sensor provides women with additional information about their health status. This feature is based on a dual-sensor design that records temperature information on the back of the watch near the skin and below the display, reducing environmental impact. At night, Apple Watch Series 8 measures temperature every five seconds and can detect changes of one degree. Apple Watch Series 8 wearers may experience changes in body temperature at night, which may be due to exercise, jet lag, or illness. The Apple Watch Series 8 uses a temperature sensor to provide women with retrograde ovulation estimates, which can be useful for family planning. The data also provides improved period forecasts and more.9 women may receive alerts if their recorded cycle history shows a possible anomaly such as irregular, irregular or prolonged periods. The new collision detection feature uses an updated gyroscope and accelerometer, as well as an improved sensor combining algorithm, to detect serious car accidents and notify emergency services. When an outage occurs, Apple Watch will notify the user, and if there is no response within the 10-second countdown, it will contact a member of the emergency services. Battery life remains the same, up to 18 hours, but can be extended with the new Low Power Mode added in watchOS 9. Apple Watch's Low Power Mode can run for up to 36 hours, but turns off the always-on display, turns off background heart rate monitoring, restricts Wi-Fi and mobile connections, and more. There are Apple Watch models with GPS and cellular connectivity, and later this fall, Apple plans to add international roaming support, allowing Apple Watch owners to connect to a cellular data plan when traveling abroad. Apple Watch Series 8 is available in aluminum and stainless steel. Aluminum colors are Starlight, Midnight, Silver and (PRODUCT)RED, while stainless steel models are available in Silver, Graphite and Gold. Apple has introduced new band colors for the Series 8, and you can buy them with any available band. Apple has also introduced new bands and watch faces for the Nike and Herm Apple Watch models, with the Series 8 now being sold alongside taller, larger, feature-rich Apple Watch Ultras and less expensive second watches. Apple Watch SE generation. Note: See an error in this summary or want to provide feedback? Write to us here. Initial reviews of the Apple Watch Series 8 were positive, but there have been very incremental improvements over the previous generation. Improvements include the S8 chip, car crash detection and international roaming. New temperature measurement feature from Victoria Song The Verge is Series 8.Ovulation Calculator & Menstrual Variation: In terms of accuracy, it's a little hard to say as I only had the 8th series for about a week. I don't have temperature data for two cycles and I just set a baseline. However, for the few nights that I have temperature data for, it matches pretty well what I got on our Ora loop. For example, two nights ago Ora Ring reported that my body temperature was 0.5 degrees above normal, while Series 8 showed 0.41 degrees. Song also commented on the Series 8's battery life: Fair warning: enabling battery saver mode doesn't magically extend battery life by a few days, and I never managed to reach the full 36 hours. With regular use without power saving mode, my Series 8 lasted about 24 hours before I had to put it back on charge. The low power was basically a good way to get a little extra power to get home or go the last mile of a long run when I forgot to charge the battery before leaving the house. Patrick O'Rourke of MobileSyrup said that given the lack of competition from the Apple Watch, Apple can avoid yearly incremental device updates: Apple is in an interesting position with its Apple Watch. There really isn't any real competition in the iOS space, especially when it comes to the Apple Watch app ecosystem, and even on Android, the Samsung Galaxy Watch 5 and Galaxy Watch 5 Pro come closest. So there is little reason for the tech giant to really push wearables forward with every new release. The Apple Watch Series 8 hasn't received any design updates. It still has the same rounded and boxy look as previous generations and comes in the 41mm and 45mm sizes that were introduced in 2021. The Apple Watch display has soft, rounded edges, and weight ranges from 32 to 51.5 grams depending on case size and material. The stainless steel Apple Watch Series 8 models are the heaviest. All Apple Watch Series 8 modelsblack ceramic and crystal back with four LED clusters and four photodiodes for basic health monitoring like heart rate monitoring, blood oxygen monitoring and EKG. On the side of Apple Watch is a digital crown for scrolling and navigating, and a side button for opening frequently used apps, calling emergency services, confirming Apple Pay purchases, and more. The Digital Crown features haptic feedback that provides a precise, mechanical feel when scrolling through lists and controlling various aspects of the Apple Watch, which is crucial for an EKG application because it has a built-in electrode that's connected to works together with the rear sensors. Note that the Digital Crown looks different depending on the Apple Watch model you purchased. LTE models have a red ring around the Digital Crown to let you know they have LTE functionality, while GPS models don't. Colors and materials The Apple Watch Series 8 is available in aluminum and stainless steel. Aluminum Apple Watch models are the cheapest, while stainless steel models are more expensive. The aluminum colors are Midnight, Starlight, Silver and (PRODUCT)RED. The stainless steel colors are gold, graphite and space black. Aluminum models of the Apple Watch are made from 100% recycled 7000-series aluminum and are lightweight, affordable and designed for active lifestyles, while stainless steel models are heavier, more expensive and designed for everyday wear rather than activities. 41mm Aluminum: 32.0 grams Stainless steel: 42.3 grams 45mm Aluminum: 38.8 grams Stainless steel: 51.5 grams Durability Apple Watch Series 8 models feature the same sturdier front glass as Series 7, which is more shatter-resistant than previous Apple Watch models. The aluminum models of the Apple Watch have Ion-X glass to protect the screen, while the stainless steel and titanium models use sapphire crystal. Sapphire crystaloffers better scratch resistance than Ion-X glass because it is a harder material, meaning models with sapphire crystals are more resistant to scratches and moisture wear and tear. All Apple Watch Series 8 models are IP6X dust-resistant for use in places like the beach or desert, and with seals and adhesives, they're WR50 water-resistant to a depth of 50 meters. The speaker, which requires air to produce sound, is the sole entry point and is designed to eject water through sonic vibrations when exposed to daily wear. Because they are designed to be submerged to a depth of 50 m, Apple Watch can be used while swimming in the sea or in a pool. It is only suitable for shallow water sports and cannot be used for scuba diving, jet skiing, showering or any other fast water or deep immersion activities. Apple Watch Ultra is recommended for these water sports. Water damage is not covered under the Apple Watch warranty, so it's best to be extra careful when exposing your device to water: The Apple Watch Series 8 has the same display as the Series 7, with 1.7mm bezels and a contour that causes it to curve slightly around the top edges of the glass. The watch uses a polysilicon oxide OLED display with very low power consumption (LTPO) that enables the Always-on function, so that the dial, complications and other information are always visible. The display dims when the wrist is lowered to conserve battery power, but important functions such as the clock hands remain illuminated at all times. Touching the watch face or lifting your wrist restores the display to full brightness, and to minimize battery drain, Apple has optimized the watch faces for this feature. The Apple Watch display also has a variable refresh rate, dropping from 60Hz to 1Hz when the watch is idle. Apple Watch Series 8 features a third-generation optical heart rate sensor that calculates metrics such as burn, resting heart rate and high heart rate, and an electrical heart rate sensor can be used to record electrocardiograms, and LEDs and infrared light allow you to monitor blood oxygen saturation. The built-in accelerometer and gyroscope provide other important health-related features such as fall detection. Apple Watch can detect low heart rate, high heart rate, and abnormal heart rate, track health issues such as atrial fibrillation, and send alerts when anomalies are detected. The blood oxygen monitoring sensors on the back of the Apple Watch provide the blood oxygen monitoring feature available on the Apple Watch Series 8. A healthy person's blood oxygen saturation is about 95-100 percent, and when the blood oxygen percentage drops below this it can indicate a serious health problem that requires immediate attention. Green, red and infrared LEDs illuminate blood vessels on the wrist, while photodiodes measure the amount of light reflected back. Apple's algorithms then calculate the color of the blood, which is a measure of the amount of oxygen. Series 8 can measure blood oxygen levels from 70 to 100 percent. ECG The electrodes on the back of the Apple Watch and Digital Crown work together to allow users to take electrocardiograms in the same lead. An ECG measures the electrical activity of the heart and can be used by a doctor to diagnose diseases. An ECG is taken when you place your finger on the Apple Watch Digital Crown and can detect sinus rhythm (normal), an abnormal result, and sometimes an indeterminate result that should be reported to your doctor. An ECG may reveal atrial fibrillation at a heart rate of more than 100 beats per minute. A single-lead ECG, like the Apple Watch, means there are two points of contact that measure the electrical sensations of your heart. Your doctor's clinical ECGs can have six to twelve leads for greater accuracy, but the Apple WatchConvenience because it is possible to take an ECG anywhere and anytime in about 30 seconds. Sleep Tracking Apple Watch Series 8 models can be worn at night to track sleep. It tracks when you're awake and when you're asleep, letting you know how much time you've spent in REM, deep and deep sleep. Sleep tracking also lets you know how often you wake up during the night and for how long. Collision Detection Updated motion sensors and an improved sensor-linking algorithm enable Apple Watch Series 8 to detect serious car accidents and notify emergency services. If a fault is detected, Apple Watch will contact the user and call emergency services after 10 seconds of no response. It will also notify emergency contacts. Apple Watch Series 8 temperature measurement added two temperature sensors, including one that measures the temperature of the wrist and one that measures the temperature of the surrounding air, to reduce external deviations. The temperature sensor is used in the Depth app, but its main focus is women's health. It can take the temperature every five seconds while the user is sleeping and collect data in the Health app. Temperature fluctuations can provide data on your overall health, but are also useful for fertility planning. Apple Watch Series 8 and Ultra: How to track wrist temperature at night The Apple Watch Series 8 can provide retrospective ovulation calculations, letting users know when they might ovulate to better track their cycle. Apple says temperature detection will also improve period prediction for menstruating women. Apple offers 18 hours of "all-day" battery life for Apple Watch Series 8 models, which can be extended to 36 hours with the new Low Power Mode added to watchOS 9. Apple relies on "daily" battery life estimates, 90 time checks, 90 notifications, 45 minutes of app use and 60 minutes of workout with Bluetooth music. LTEApple offers four hours of LTE connectivity and 14 hours of iPhone connectivity. In some situations, Apple Watch drains faster, such as during calls or exercising. The Apple Watch Series 8 can be quickly charged with the Apple Magnetic Fast Charger USB-C cable and an 18W or greater power adapter. Just eight minutes of charging gives you up to eight hours of sleep tracking. Apple Watch Series 8 models are powered by the Apple W3 chip and come in two versions: GPS and GPS + Cellular. GPS + Cellular models have an LTE chip built in and can connect to LTE without an iPhone, while GPS models only support Wi-Fi. LTE connectivity is available on the Apple Watch Series 3 and with LTE connectivity, the Apple Watch is not connected to the iPhone and does not require the iPhone or a known Wi-Fi network to connect to the Internet. The Apple Watch is still not completely iPhone-independent, as LTE connectivity through a carrier requires both the Apple Watch and the iPhone 6s or later to use a cellular plan with the same carrier. The Apple Watch also does not have enough battery capacity to be used all the time when the iPhone is not around. The U1 chip The Apple Watch Series 8 continues to use the U1 chip, the same ultra-wideband chip that first debuted in the iPhone 11 lineup. Car Key, a feature that allows you to use your Apple Watch (or iPhone) instead of a physical car key. The U1 chip also enables the Apple Watch to track AirTags. Emergency SOS LTE connectivity allows you to take advantage of the International Emergency SOS feature first introduced in the Series 5. With Emergency SOS, Apple Watch can make international calls to emergency services, regardless of where the device was originally purchased and whether or not there is an active cellular connection. data packet. This means that if you are traveling to another country and are injured or need assistance, you can do soSOS on Apple Watch by pressing and holding the side button to automatically contact the emergency services of your country. International Emergency Call works in conjunction with Apple Watch's Fall Detection feature, so when enabled, it automatically makes an emergency call if the watch detects that you've fallen hard and become immobile. Wi-Fi, Bluetooth and GPS Apple Watch Series 8 supports 2.4GHz and 5GHz 802.11 b/g/n Wi-Fi and Bluetooth 5.0. Compared to Bluetooth 4.2, Bluetooth 5.0 offers longer range, higher speed, higher broadcast message capacity, and better compatibility with other wireless technologies. GPS has been available on the Apple Watch since the Series 2, and all Series 8 models, LTE and beyond, are equipped with a GPS chip that allows the Apple Watch to pinpoint its location without ever getting close to the iPhone. Thanks to GPS, Apple Watch can track your speed, distance and route while walking, running, hiking or cycling, giving you a better idea of your physical activity. GPS, GLONASS, Galileo and QZSS are supported positioning technologies in different countries. The Nike Apple Watch was created in partnership with Nike and is designed specifically for runners. All Nike Apple Watch models are made of aluminum and cost the same as a standard aluminum Apple Watch. The Nike Apple Watch comes with Nike watch faces (although watch faces are available on all iPhone models) and unique Nike-inspired straps. The Herm's Apple Watch collection was created in collaboration with the French fashion house Herm's and features one of the most expensive Apple watches offered by Apple due to the high price of the straps. All Herm models feature a silver or black stainless steel Apple Watch case paired with one of Herm's signature handcrafted leather straps and an additional orange Apple Watch Sport strap with the Herm logo. Apple Watch Herm's has unique watch faces modeled after Herm's watchesApple has developed several band styles for the Apple Watch, which it regularly updates and introduces new band options at media events in the fall, spring, and other seasons. Apple offers an Apple Watch Studio feature that pairs most bands with most Apple Watch case options, eliminating the need to pair specific Apple Watch bands and cases at the time of purchase. Series 8 straps available: Sport Band, Sport Loop, Milanese Loop, Modern Buckle, Leather Link, Solo

Loop, and Braided Solo Loop. Solo Loop The Solo Loop is similar to a sports band, but it's the first Apple Watch with an on-ear design without a clasp or locking mechanism. It's made from flexible liquid silicone rubber that can stretch to fit your hand and Apple, as there are no overlapping parts and they are easy to put on and take off. It is waterproof, sweatproof and UV treated for a silky finish. The Solo Loop costs \$49. Braided Solo Loop Like the Solo Loop, the Solo Loop is a new Apple Watch band designed without a buckle or clasp. It's made from recycled stretch yarn with added silicone threads for a snug fit around the wrist. According to Apple, the soft, textured strap is sweat and water resistant and very comfortable to wear. The Braided Solo Loop is one of Apple's most expensive ribbon options at \$99, and the same size restrictions apply to the Braided Solo Loop. The Apple Sport Band is one of Apple's lightest and most comfortable bands, made from flexible, lightweight fluoroelastomer. Ideal for sports or high-intensity activities, most aluminum Apple Watches come with sports bands. Prices start at \$49 for sports bands. Sport Loop Soft, breathable and lightweight, the Sport Loop headband is made from fabric wraps around the wrist for a snug yet comfortable fit. It is made of double layer nylon with Velcro fastening and is available in various colors. Sports loops with the Nike logo are also available. The 41mm version fits wrists from 130mm to 190mm and the 45mm version fits wrists from 145mm to 220mm. Apple charges \$49 for the Sport Loop. Nike Band The unique perforated Nike Apple Watch bands included with Nike watches are also sold separately. Nike bands are made from high-performance fluoroelastomer and are available for 41mm and 45mm Apple Watch models. Apple also sells variants of Nike-branded sports bands in unique colors. The straps are suitable for wrists from 130 to 200 mm. Nike straps cost \$49. Milanese Loop Stainless Steel Milanese Loop 41mm and 45mm is a flexible metal mesh band that wraps around the wrist. It's made from such a thin metal material that it's comfortable to wear all day and is surprisingly lightweight. The Milanese Loop retails for \$99 and is available in silver, gold, and space black. Leather Link The leather link consists of two parts and has no loops. Made from French-made Roux Granada leather, the Leather Link features flexible, molded magnets that wrap around your wrist for a comfortable fit. Leather link fits 41mm and 45mm models. It is available in small/medium and medium/large sizes and fits wrists from 130mm to 180mm. Crafted from soft Granada leather, the Modern Buckle is designed to fit the smaller 41mm Apple Watch models. It features a two-piece magnetic buckle and an inner layer of Vectran fabric for durability and scratch resistance. Link Bracelet Available in 41mm and 45mm, the 316L stainless steel link bracelet is Apple's most expensive internal bracelet. Available in silver (\$349) and space black (\$449), the Link bracelet is reminiscent of a traditional premium watch band. The model with a diameter of 41 mm is suitable for wrists with a girth from 135 to 195 mm. The 45mm model fits wrists with a circumference of 140 to 205mm. The optional 6-link kit increases its size from 205mm to 245mm for an additional \$49. The Apple Watch Series 8 will be sold alongside the more expensive Apple Watch Ultra, which starts at \$799, and the less expensive Apple Watch SE, which starts at \$249. The Apple Watch SE uses an older design and lacks a blood oxygen sensor or ECG function, while the higher-end Apple Watch Ultra is designed for adventurers and explorers with a larger 49mm body, longer battery life, and greater durability. build. Apple Watch Series 8 runs watchOS 9, the latest version of the Apple Watch operating system. watchOS 9 introduced new watch faces, improvements to the Workout app and multiple types of workouts, medication tracking features, notification updates, an AFib history option for people with irregular heart rhythms, and more. For details on watchOS 9, see the watchOS 9 summary.

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